

2011 NOAA Tide Predictions: Seaside Heights, ocean

(Reference station: Sandy Hook, Corrections Applied: Times: High -0 hr. 30 min., Low -0 hr. 32 min., Heights: High *0.92, Low *0.92)

January - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
01/01/2011	Sat	04:29AM	LST 4.9 H	11:00AM	LST -0.3 L	04:55PM	LST 3.9 H	11:04PM	LST -0.3 L		
01/02/2011	Sun	05:23AM	LST 5.0 H	11:51AM	LST -0.4 L	05:48PM	LST 4.0 H	11:55PM	LST -0.3 L		
01/03/2011	Mon	06:11AM	LST 5.0 H	12:40PM	LST -0.5 L	06:37PM	LST 4.0 H				
01/04/2011	Tue	12:43AM	LST -0.3 L	06:56AM	LST 5.0 H	01:25PM	LST -0.5 L	07:22PM	LST 4.1 H		
01/05/2011	Wed	01:29AM	LST -0.2 L	07:39AM	LST 4.9 H	02:07PM	LST -0.5 L	08:06PM	LST 4.0 H		
01/06/2011	Thu	02:12AM	LST -0.2 L	08:21AM	LST 4.7 H	02:46PM	LST -0.4 L	08:50PM	LST 4.0 H		
01/07/2011	Fri	02:53AM	LST 0.0 L	09:02AM	LST 4.5 H	03:23PM	LST -0.3 L	09:33PM	LST 3.9 H		
01/08/2011	Sat	03:32AM	LST 0.2 L	09:45AM	LST 4.2 H	03:58PM	LST -0.1 L	10:17PM	LST 3.8 H		
01/09/2011	Sun	04:11AM	LST 0.4 L	10:28AM	LST 4.0 H	04:33PM	LST 0.1 L	11:00PM	LST 3.8 H		
01/10/2011	Mon	04:53AM	LST 0.6 L	11:11AM	LST 3.8 H	05:09PM	LST 0.3 L	11:42PM	LST 3.8 H		
01/11/2011	Tue	05:43AM	LST 0.8 L	11:55AM	LST 3.6 H	05:51PM	LST 0.5 L				
01/12/2011	Wed	12:24AM	LST 3.8 H	06:45AM	LST 0.9 L	12:41PM	LST 3.4 H	06:44PM	LST 0.6 L		
01/13/2011	Thu	01:08AM	LST 3.8 H	07:53AM	LST 0.8 L	01:32PM	LST 3.2 H	07:45PM	LST 0.6 L		
01/14/2011	Fri	01:57AM	LST 3.9 H	08:54AM	LST 0.7 L	02:29PM	LST 3.2 H	08:44PM	LST 0.5 L		
01/15/2011	Sat	02:53AM	LST 4.0 H	09:49AM	LST 0.5 L	03:30PM	LST 3.3 H	09:39PM	LST 0.3 L		
01/16/2011	Sun	03:52AM	LST 4.2 H	10:39AM	LST 0.2 L	04:29PM	LST 3.5 H	10:31PM	LST 0.0 L		
01/17/2011	Mon	04:47AM	LST 4.5 H	11:29AM	LST -0.1 L	05:22PM	LST 3.8 H	11:23PM	LST -0.3 L		
01/18/2011	Tue	05:37AM	LST 4.9 H	12:17PM	LST -0.4 L	06:11PM	LST 4.0 H				
01/19/2011	Wed	12:15AM	LST -0.5 L	06:24AM	LST 5.2 H	01:05PM	LST -0.6 L	06:57PM	LST 4.3 H		
01/20/2011	Thu	01:06AM	LST -0.6 L	07:11AM	LST 5.2 H	01:51PM	LST -0.8 L	07:44PM	LST 4.6 H		
01/21/2011	Fri	01:56AM	LST -0.8 L	07:57AM	LST 5.2 H	02:35PM	LST -1.0 L	08:33PM	LST 4.7 H		
01/22/2011	Sat	02:45AM	LST -0.8 L	08:47AM	LST 5.2 H	03:19PM	LST -1.0 L	09:25PM	LST 4.8 H		
01/23/2011	Sun	03:35AM	LST -0.7 L	09:39AM	LST 5.0 H	04:04PM	LST -0.8 L	10:20PM	LST 4.8 H		
01/24/2011	Mon	04:27AM	LST -0.5 L	10:34AM	LST 4.6 H	04:52PM	LST -0.6 L	11:15PM	LST 4.7 H		
01/25/2011	Tue	05:25AM	LST -0.2 L	11:31AM	LST 4.3 H	05:46PM	LST -0.4 L				
01/26/2011	Wed	12:11AM	LST 4.7 H	06:32AM	LST 0.1 L	12:28PM	LST 4.0 H	06:49PM	LST -0.1 L		
01/27/2011	Thu	01:08AM	LST 4.6 H	07:43AM	LST 0.2 L	01:28PM	LST 3.8 H	07:56PM	LST 0.1 L		
01/28/2011	Fri	02:07AM	LST 4.5 H	08:50AM	LST 0.2 L	02:32PM	LST 3.6 H	08:59PM	LST 0.1 L		
01/29/2011	Sat	03:10AM	LST 4.4 H	09:50AM	LST 0.1 L	03:38PM	LST 3.6 H	09:57PM	LST 0.1 L		
01/30/2011	Sun	04:11AM	LST 4.5 H	10:43AM	LST -0.1 L	04:40PM	LST 3.7 H	10:50PM	LST 0.0 L		
01/31/2011	Mon	05:07AM	LST 4.6 H	11:33AM	LST -0.2 L	05:33PM	LST 3.9 H	11:39PM	LST -0.1 L		

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

February - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
02/01/2011	Tue	05:55AM	LST 4.7 H	12:19PM	LST -0.3 L	06:20PM	LST 4.0 H				
02/02/2011	Wed	12:26AM	LST -0.2 L	06:38AM	LST 4.8 H	01:01PM	LST -0.4 L	07:02PM	LST 4.1 H		
02/03/2011	Thu	01:10AM	LST -0.2 L	07:17AM	LST 4.7 H	01:40PM	LST -0.4 L	07:42PM	LST 4.2 H		
02/04/2011	Fri	01:51AM	LST -0.2 L	07:56AM	LST 4.6 H	02:16PM	LST -0.4 L	08:20PM	LST 4.2 H		
02/05/2011	Sat	02:29AM	LST -0.1 L	08:33AM	LST 4.4 H	02:50PM	LST -0.3 L	08:58PM	LST 4.1 H		
02/06/2011	Sun	03:06AM	LST 0.0 L	09:11AM	LST 4.2 H	03:22PM	LST -0.2 L	09:35PM	LST 4.0 H		
02/07/2011	Mon	03:42AM	LST 0.2 L	09:50AM	LST 4.0 H	03:52PM	LST 0.0 L	10:11PM	LST 4.0 H		
02/08/2011	Tue	04:18AM	LST 0.4 L	10:30AM	LST 3.8 H	04:22PM	LST 0.2 L	10:48PM	LST 4.0 H		
02/09/2011	Wed	04:58AM	LST 0.6 L	11:11AM	LST 3.5 H	04:55PM	LST 0.4 L	11:28PM	LST 3.9 H		
02/10/2011	Thu	05:48AM	LST 0.8 L	11:57AM	LST 3.4 H	05:39PM	LST 0.6 L				
02/11/2011	Fri	12:13AM	LST 3.9 H	06:59AM	LST 0.9 L	12:48PM	LST 3.2 H	06:44PM	LST 0.6 L		
02/12/2011	Sat	01:05AM	LST 4.0 H	08:12AM	LST 0.8 L	01:47PM	LST 3.2 H	08:01PM	LST 0.6 L		
02/13/2011	Sun	02:06AM	LST 4.0 H	09:14AM	LST 0.6 L	02:52PM	LST 3.4 H	09:08PM	LST 0.4 L		
02/14/2011	Mon	03:13AM	LST 4.2 H	10:09AM	LST 0.3 L	03:57PM	LST 3.6 H	10:07PM	LST 0.1 L		
02/15/2011	Tue	04:17AM	LST 4.5 H	11:01AM	LST -0.1 L	04:55PM	LST 4.0 H	11:02PM	LST -0.3 L		
02/16/2011	Wed	05:13AM	LST 4.9 H	11:50AM	LST -0.5 L	05:47PM	LST 4.4 H	11:56PM	LST -0.6 L		
02/17/2011	Thu	06:04AM	LST 5.2 H	12:38PM	LST -0.7 L	06:36PM	LST 4.8 H				
02/18/2011	Fri	12:49AM	LST -0.8 L	06:52AM	LST 5.3 H	01:25PM	LST -1.0 L	07:24PM	LST 5.1 H		
02/19/2011	Sat	01:40AM	LST -1.0 L	07:40AM	LST 5.3 H	02:10PM	LST -1.1 L	08:12PM	LST 5.2 H		
02/20/2011	Sun	02:30AM	LST -1.0 L	08:29AM	LST 5.2 H	02:55PM	LST -1.0 L	09:03PM	LST 5.2 H		
02/21/2011	Mon	03:20AM	LST -0.9 L	09:21AM	LST 5.0 H	03:40PM	LST -0.8 L	09:56PM	LST 5.2 H		
02/22/2011	Tue	04:11AM	LST -0.6 L	10:16AM	LST 4.6 H	04:27PM	LST -0.6 L	10:51PM	LST 5.0 H		
02/23/2011	Wed	05:07AM	LST -0.3 L	11:13AM	LST 4.2 H	05:20PM	LST -0.2 L	11:47PM	LST 4.8 H		
02/24/2011	Thu	06:10AM	LST 0.1 L	12:12PM	LST 4.0 H	06:23PM	LST 0.2 L				
02/25/2011	Fri	12:44AM	LST 4.5 H	07:21AM	LST 0.3 L	01:12PM	LST 3.8 H	07:34PM	LST 0.5 L		
02/26/2011	Sat	01:44AM	LST 4.3 H	08:29AM	LST 0.4 L	02:15PM	LST 3.6 H	08:41PM	LST 0.5 L		
02/27/2011	Sun	02:47AM	LST 4.2 H	09:29AM	LST 0.3 L	03:20PM	LST 3.6 H	09:40PM	LST 0.4 L		
02/28/2011	Mon	03:49AM	LST 4.2 H	10:21AM	LST 0.2 L	04:21PM	LST 3.8 H	10:32PM	LST 0.3 L		

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March - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
03/01/2011	Tue	04:45AM	LST 4.4 H	11:08AM	LST 0.1 L	05:13PM	LST 4.0 H	11:20PM	LST 0.1 L		
03/02/2011	Wed	05:32AM	LST 4.5 H	11:50AM	LST -0.1 L	05:57PM	LST 4.2 H				
03/03/2011	Thu	12:05AM	LST 0.0 L	06:14AM	LST 4.6 H	12:30PM	LST -0.2 L	06:37PM	LST 4.4 H		
03/04/2011	Fri	12:47AM	LST -0.1 L	06:53AM	LST 4.6 H	01:08PM	LST -0.2 L	07:14PM	LST 4.5 H		
03/05/2011	Sat	01:28AM	LST -0.1 L	07:29AM	LST 4.6 H	01:43PM	LST -0.2 L	07:48PM	LST 4.5 H		
03/06/2011	Sun	02:06AM	LST -0.1 L	08:05AM	LST 4.4 H	02:16PM	LST -0.1 L	08:22PM	LST 4.5 H		
03/07/2011	Mon	02:42AM	LST 0.0 L	08:41AM	LST 4.2 H	02:47PM	LST 0.0 L	08:53PM	LST 4.4 H		
03/08/2011	Tue	03:17AM	LST 0.2 L	09:17AM	LST 4.0 H	03:17PM	LST 0.2 L	09:24PM	LST 4.3 H		
03/09/2011	Wed	03:52AM	LST 0.4 L	09:55AM	LST 3.8 H	03:46PM	LST 0.4 L	09:58PM	LST 4.2 H		
03/10/2011	Thu	04:27AM	LST 0.6 L	10:36AM	LST 3.6 H	04:18PM	LST 0.5 L	10:39PM	LST 4.1 H		
03/11/2011	Fri	05:09AM	LST 0.7 L	11:23AM	LST 3.5 H	04:58PM	LST 0.6 L	11:28PM	LST 4.1 H		
03/12/2011	Sat	06:12AM	LST 0.8 L	12:17PM	LST 3.4 H	05:59PM	LST 0.8 L				
03/13/2011	Sun	12:26AM	LST 4.1 H	08:31AM	LDT 0.8 L	02:16PM	LDT 3.5 H	08:25PM	LDT 0.7 L		
03/14/2011	Mon	02:30AM	LDT 4.2 H	09:40AM	LDT 0.6 L	03:21PM	LDT 3.7 H	09:41PM	LDT 0.6 L		
03/15/2011	Tue	03:39AM	LDT 4.3 H	10:38AM	LDT 0.3 L	04:28PM	LDT 4.0 H	10:44PM	LDT 0.2 L		
03/16/2011	Wed	04:47AM	LDT 4.6 H	11:30AM	LDT -0.1 L	05:29PM	LDT 4.4 H	11:42PM	LDT -0.2 L		
03/17/2011	Thu	05:47AM	LDT 5.0 H	12:20PM	LDT -0.5 L	06:23PM	LDT 4.9 H				
03/18/2011	Fri	12:37AM	LDT -0.6 L	06:41AM	LDT 5.2 H	01:09PM	LDT -0.7 L	07:13PM	LDT 5.3 H		
03/19/2011	Sat	01:31AM	LDT -0.8 L	07:32AM	LDT 5.3 H	01:57PM	LDT -0.9 L	08:01PM	LDT 5.6 H		
03/20/2011	Sun	02:23AM	LDT -1.0 L	08:21AM	LDT 5.3 H	02:44PM	LDT -0.9 L	08:49PM	LDT 5.7 H		
03/21/2011	Mon	03:14AM	LDT -1.0 L	09:11AM	LDT 5.2 H	03:30PM	LDT -0.8 L	09:39PM	LDT 5.7 H		
03/22/2011	Tue	04:05AM	LDT -0.8 L	10:03AM	LDT 4.9 H	04:17PM	LDT -0.6 L	10:32PM	LDT 5.5 H		
03/23/2011	Wed	04:55AM	LDT -0.6 L	10:59AM	LDT 4.6 H	05:05PM	LDT -0.3 L	11:27PM	LDT 5.2 H		
03/24/2011	Thu	05:48AM	LDT -0.2 L	11:57AM	LDT 4.3 H	05:57PM	LDT 0.1 L				
03/25/2011	Fri	12:24AM	LDT 4.9 H	06:47AM	LDT 0.2 L	12:55PM	LDT 4.0 H	06:58PM	LDT 0.5 L		
03/26/2011	Sat	01:21AM	LDT 4.6 H	07:54AM	LDT 0.5 L	01:54PM	LDT 3.9 H	08:09PM	LDT 0.7 L		
03/27/2011	Sun	02:19AM	LDT 4.3 H	09:01AM	LDT 0.6 L	02:54PM	LDT 3.8 H	09:18PM	LDT 0.8 L		
03/28/2011	Mon	03:18AM	LDT 4.2 H	10:00AM	LDT 0.6 L	03:54PM	LDT 3.8 H	10:18PM	LDT 0.7 L		
03/29/2011	Tue	04:18AM	LDT 4.1 H	10:50AM	LDT 0.4 L	04:53PM	LDT 4.0 H	11:09PM	LDT 0.6 L		
03/30/2011	Wed	05:13AM	LDT 4.2 H	11:34AM	LDT 0.3 L	05:44PM	LDT 4.2 H	11:56PM	LDT 0.4 L		
03/31/2011	Thu	06:02AM	LDT 4.3 H	12:15PM	LDT 0.2 L	06:28PM	LDT 4.4 H				

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

April - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
04/01/2011	Fri	12:40AM	LDT 0.3	L	06:45AM	LDT 4.4	H	12:53PM	LDT 0.1	L	07:07PM	LDT 4.6	H
04/02/2011	Sat	01:22AM	LDT 0.1	L	07:24AM	LDT 4.5	H	01:31PM	LDT 0.1	L	07:43PM	LDT 4.8	H
04/03/2011	Sun	02:03AM	LDT 0.0	L	08:02AM	LDT 4.4	H	02:07PM	LDT 0.1	L	08:16PM	LDT 4.8	H
04/04/2011	Mon	02:42AM	LDT 0.0	L	08:38AM	LDT 4.3	H	02:43PM	LDT 0.1	L	08:48PM	LDT 4.8	H
04/05/2011	Tue	03:20AM	LDT 0.1	L	09:14AM	LDT 4.2	H	03:16PM	LDT 0.2	L	09:17PM	LDT 4.7	H
04/06/2011	Wed	03:56AM	LDT 0.2	L	09:50AM	LDT 4.0	H	03:49PM	LDT 0.4	L	09:48PM	LDT 4.6	H
04/07/2011	Thu	04:31AM	LDT 0.3	L	10:29AM	LDT 3.9	H	04:21PM	LDT 0.5	L	10:23PM	LDT 4.5	H
04/08/2011	Fri	05:08AM	LDT 0.5	L	11:12AM	LDT 3.8	H	04:55PM	LDT 0.6	L	11:07PM	LDT 4.5	H
04/09/2011	Sat	05:49AM	LDT 0.6	L	12:03PM	LDT 3.7	H	05:38PM	LDT 0.7	L			
04/10/2011	Sun	12:01AM	LDT 4.4	H	06:45AM	LDT 0.7	L	12:58PM	LDT 3.7	H	06:38PM	LDT 0.8	L
04/11/2011	Mon	01:01AM	LDT 4.4	H	07:57AM	LDT 0.7	L	01:56PM	LDT 3.8	H	08:01PM	LDT 0.8	L
04/12/2011	Tue	02:04AM	LDT 4.4	H	09:06AM	LDT 0.6	L	02:57PM	LDT 4.0	H	09:19PM	LDT 0.6	L
04/13/2011	Wed	03:10AM	LDT 4.5	H	10:06AM	LDT 0.3	L	04:01PM	LDT 4.4	H	10:24PM	LDT 0.3	L
04/14/2011	Thu	04:17AM	LDT 4.7	H	10:59AM	LDT -0.1	L	05:02PM	LDT 4.8	H	11:23PM	LDT -0.1	L
04/15/2011	Fri	05:20AM	LDT 4.9	H	11:49AM	LDT -0.4	L	05:58PM	LDT 5.2	H			
04/16/2011	Sat	12:19AM	LDT -0.5	L	06:18AM	LDT 5.1	H	12:39PM	LDT -0.6	L	06:50PM	LDT 5.6	H
04/17/2011	Sun	01:13AM	LDT -0.6	L	07:11AM	LDT 5.2	H	01:29PM	LDT -0.6	L	07:39PM	LDT 5.9	H
04/18/2011	Mon	02:07AM	LDT -0.8	L	08:02AM	LDT 5.2	H	02:19PM	LDT -0.6	L	08:28PM	LDT 6.0	H
04/19/2011	Tue	02:58AM	LDT -0.8	L	08:53AM	LDT 5.0	H	03:07PM	LDT -0.6	L	09:17PM	LDT 5.8	H
04/20/2011	Wed	03:48AM	LDT -0.7	L	09:46AM	LDT 4.8	H	03:56PM	LDT -0.4	L	10:09PM	LDT 5.6	H
04/21/2011	Thu	04:38AM	LDT -0.5	L	10:42AM	LDT 4.5	H	04:44PM	LDT 0.0	L	11:04PM	LDT 5.2	H
04/22/2011	Fri	05:28AM	LDT -0.2	L	11:39AM	LDT 4.3	H	05:35PM	LDT 0.4	L			
04/23/2011	Sat	12:00AM	LDT 4.9	H	06:22AM	LDT 0.2	L	12:37PM	LDT 4.1	H	06:33PM	LDT 0.7	L
04/24/2011	Sun	12:55AM	LDT 4.6	H	07:22AM	LDT 0.5	L	01:32PM	LDT 4.0	H	07:39PM	LDT 0.9	L
04/25/2011	Mon	01:49AM	LDT 4.3	H	08:24AM	LDT 0.6	L	02:27PM	LDT 4.0	H	08:47PM	LDT 1.0	L
04/26/2011	Tue	02:43AM	LDT 4.1	H	09:20AM	LDT 0.6	L	03:22PM	LDT 4.0	H	09:47PM	LDT 0.9	L
04/27/2011	Wed	03:38AM	LDT 4.0	H	10:10AM	LDT 0.6	L	04:16PM	LDT 4.1	H	10:39PM	LDT 0.8	L
04/28/2011	Thu	04:32AM	LDT 4.0	H	10:53AM	LDT 0.5	L	05:06PM	LDT 4.3	H	11:26PM	LDT 0.6	L
04/29/2011	Fri	05:24AM	LDT 4.1	H	11:34AM	LDT 0.4	L	05:52PM	LDT 4.5	H			
04/30/2011	Sat	12:10AM	LDT 0.5	L	06:11AM	LDT 4.1	H	12:13PM	LDT 0.4	L	06:33PM	LDT 4.8	H

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May - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
05/01/2011	Sun	12:54AM	LDT 0.3	L	06:54AM	LDT 4.2	H	12:53PM	LDT 0.3	L	07:10PM	LDT 4.9	H
05/02/2011	Mon	01:37AM	LDT 0.2	L	07:34AM	LDT 4.2	H	01:32PM	LDT 0.3	L	07:44PM	LDT 5.0	H
05/03/2011	Tue	02:18AM	LDT 0.1	L	08:12AM	LDT 4.2	H	02:11PM	LDT 0.3	L	08:17PM	LDT 5.0	H
05/04/2011	Wed	02:58AM	LDT 0.1	L	08:50AM	LDT 4.1	H	02:49PM	LDT 0.4	L	08:49PM	LDT 5.0	H
05/05/2011	Thu	03:37AM	LDT 0.2	L	09:28AM	LDT 4.0	H	03:26PM	LDT 0.5	L	09:23PM	LDT 4.9	H
05/06/2011	Fri	04:15AM	LDT 0.2	L	10:10AM	LDT 4.0	H	04:04PM	LDT 0.5	L	10:03PM	LDT 4.8	H
05/07/2011	Sat	04:54AM	LDT 0.3	L	10:57AM	LDT 4.0	H	04:43PM	LDT 0.6	L	10:51PM	LDT 4.7	H
05/08/2011	Sun	05:37AM	LDT 0.4	L	11:49AM	LDT 4.0	H	05:30PM	LDT 0.6	L	11:46PM	LDT 4.7	H
05/09/2011	Mon	06:27AM	LDT 0.5	L	12:43PM	LDT 4.0	H	06:29PM	LDT 0.7	L			
05/10/2011	Tue	12:45AM	LDT 4.6	H	07:28AM	LDT 0.5	L	01:39PM	LDT 4.2	H	07:44PM	LDT 0.8	L
05/11/2011	Wed	01:44AM	LDT 4.6	H	08:34AM	LDT 0.4	L	02:36PM	LDT 4.4	H	08:59PM	LDT 0.6	L
05/12/2011	Thu	02:46AM	LDT 4.6	H	09:34AM	LDT 0.2	L	03:36PM	LDT 4.8	H	10:05PM	LDT 0.4	L
05/13/2011	Fri	03:50AM	LDT 4.6	H	10:28AM	LDT -0.1	L	04:36PM	LDT 5.2	H	11:05PM	LDT 0.0	L
05/14/2011	Sat	04:55AM	LDT 4.6	H	11:21AM	LDT -0.3	L	05:34PM	LDT 5.4	H			
05/15/2011	Sun	12:01AM	LDT -0.3	L	05:56AM	LDT 4.7	H	12:12PM	LDT -0.4	L	06:28PM	LDT 5.8	H
05/16/2011	Mon	12:56AM	LDT -0.5	L	06:52AM	LDT 4.8	H	01:04PM	LDT -0.4	L	07:19PM	LDT 5.9	H
05/17/2011	Tue	01:50AM	LDT -0.6	L	07:44AM	LDT 4.8	H	01:56PM	LDT -0.4	L	08:08PM	LDT 5.9	H
05/18/2011	Wed	02:42AM	LDT -0.6	L	08:36AM	LDT 4.8	H	02:47PM	LDT -0.3	L	08:57PM	LDT 5.8	H
05/19/2011	Thu	03:32AM	LDT -0.6	L	09:29AM	LDT 4.6	H	03:36PM	LDT -0.1	L	09:48PM	LDT 5.5	H
05/20/2011	Fri	04:19AM	LDT -0.4	L	10:23AM	LDT 4.5	H	04:24PM	LDT 0.2	L	10:40PM	LDT 5.2	H
05/21/2011	Sat	05:06AM	LDT -0.1	L	11:18AM	LDT 4.3	H	05:13PM	LDT 0.5	L	11:33PM	LDT 4.9	H
05/22/2011	Sun	05:54AM	LDT 0.2	L	12:13PM	LDT 4.2	H	06:05PM	LDT 0.8	L			
05/23/2011	Mon	12:25AM	LDT 4.6	H	06:44AM	LDT 0.4	L	01:04PM	LDT 4.1	H	07:03PM	LDT 1.0	L
05/24/2011	Tue	01:15AM	LDT 4.3	H	07:37AM	LDT 0.6	L	01:54PM	LDT 4.1	H	08:07PM	LDT 1.2	L
05/25/2011	Wed	02:04AM	LDT 4.1	H	08:31AM	LDT 0.6	L	02:43PM	LDT 4.1	H	09:08PM	LDT 1.1	L
05/26/2011	Thu	02:54AM	LDT 4.0	H	09:21AM	LDT 0.6	L	03:32PM	LDT 4.2	H	10:03PM	LDT 1.0	L
05/27/2011	Fri	03:47AM	LDT 3.9	H	10:07AM	LDT 0.6	L	04:22PM	LDT 4.3	H	10:52PM	LDT 0.8	L
05/28/2011	Sat	04:40AM	LDT 3.9	H	10:50AM	LDT 0.6	L	05:10PM	LDT 4.5	H	11:39PM	LDT 0.6	L
05/29/2011	Sun	05:32AM	LDT 3.9	H	11:32AM	LDT 0.6	L	05:54PM	LDT 4.7	H			
05/30/2011	Mon	12:24AM	LDT 0.5	L	06:20AM	LDT 4.0	H	12:15PM	LDT 0.5	L	06:35PM	LDT 4.9	H
05/31/2011	Tue	01:09AM	LDT 0.3	L	07:05AM	LDT 4.0	H	12:58PM	LDT 0.4	L	07:14PM	LDT 5.0	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

June - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
06/01/2011	Wed	01:53AM	LDT 0.2	L	07:46AM	LDT 4.1	H	01:42PM	LDT 0.4	L	07:50PM	LDT 5.1	H
06/02/2011	Thu	02:36AM	LDT 0.1	L	08:26AM	LDT 4.1	H	02:25PM	LDT 0.4	L	08:27PM	LDT 5.2	H
06/03/2011	Fri	03:18AM	LDT 0.0	L	09:08AM	LDT 4.1	H	03:08PM	LDT 0.4	L	09:06PM	LDT 5.1	H
06/04/2011	Sat	03:58AM	LDT 0.0	L	09:52AM	LDT 4.1	H	03:51PM	LDT 0.4	L	09:50PM	LDT 5.1	H
06/05/2011	Sun	04:39AM	LDT 0.0	L	10:41AM	LDT 4.1	H	04:35PM	LDT 0.4	L	10:39PM	LDT 5.0	H
06/06/2011	Mon	05:21AM	LDT 0.1	L	11:34AM	LDT 4.2	H	05:23PM	LDT 0.5	L	11:34PM	LDT 4.9	H
06/07/2011	Tue	06:08AM	LDT 0.1	L	12:27PM	LDT 4.4	H	06:20PM	LDT 0.6	L			
06/08/2011	Wed	12:30AM	LDT 4.8	H	07:02AM	LDT 0.2	L	01:21PM	LDT 4.6	H	07:29PM	LDT 0.6	L
06/09/2011	Thu	01:27AM	LDT 4.6	H	08:03AM	LDT 0.2	L	02:16PM	LDT 4.8	H	08:42PM	LDT 0.6	L
06/10/2011	Fri	02:26AM	LDT 4.5	H	09:04AM	LDT 0.1	L	03:13PM	LDT 5.0	H	09:48PM	LDT 0.4	L
06/11/2011	Sat	03:28AM	LDT 4.4	H	10:02AM	LDT 0.0	L	04:13PM	LDT 5.2	H	10:49PM	LDT 0.2	L
06/12/2011	Sun	04:33AM	LDT 4.3	H	10:57AM	LDT -0.1	L	05:12PM	LDT 5.4	H	11:46PM	LDT -0.1	L
06/13/2011	Mon	05:37AM	LDT 4.4	H	11:50AM	LDT -0.1	L	06:09PM	LDT 5.6	H			
06/14/2011	Tue	12:41AM	LDT -0.3	L	06:35AM	LDT 4.5	H	12:44PM	LDT -0.2	L	07:01PM	LDT 5.7	H
06/15/2011	Wed	01:34AM	LDT -0.4	L	07:29AM	LDT 4.5	H	01:37PM	LDT -0.1	L	07:51PM	LDT 5.7	H
06/16/2011	Thu	02:25AM	LDT -0.4	L	08:20AM	LDT 4.6	H	02:28PM	LDT 0.0	L	08:39PM	LDT 5.6	H
06/17/2011	Fri	03:13AM	LDT -0.4	L	09:10AM	LDT 4.5	H	03:17PM	LDT 0.1	L	09:27PM	LDT 5.3	H
06/18/2011	Sat	03:58AM	LDT -0.3	L	10:01AM	LDT 4.4	H	04:04PM	LDT 0.3	L	10:15PM	LDT 5.1	H
06/19/2011	Sun	04:40AM	LDT -0.1	L	10:52AM	LDT 4.3	H	04:48PM	LDT 0.5	L	11:04PM	LDT 4.8	H
06/20/2011	Mon	05:21AM	LDT 0.1	L	11:42AM	LDT 4.2	H	05:34PM	LDT 0.7	L	11:51PM	LDT 4.5	H
06/21/2011	Tue	06:03AM	LDT 0.4	L	12:30PM	LDT 4.2	H	06:23PM	LDT 1.0	L			
06/22/2011	Wed	12:38AM	LDT 4.3	H	06:46AM	LDT 0.6	L	01:15PM	LDT 4.2	H	07:20PM	LDT 1.2	L
06/23/2011	Thu	01:24AM	LDT 4.0	H	07:34AM	LDT 0.6	L	02:00PM	LDT 4.2	H	08:22PM	LDT 1.2	L
06/24/2011	Fri	02:11AM	LDT 3.9	H	08:25AM	LDT 0.7	L	02:45PM	LDT 4.2	H	09:22PM	LDT 1.1	L
06/25/2011	Sat	03:01AM	LDT 3.7	H	09:16AM	LDT 0.8	L	03:32PM	LDT 4.3	H	10:15PM	LDT 1.0	L
06/26/2011	Sun	03:55AM	LDT 3.7	H	10:06AM	LDT 0.7	L	04:22PM	LDT 4.4	H	11:05PM	LDT 0.8	L
06/27/2011	Mon	04:52AM	LDT 3.7	H	10:53AM	LDT 0.6	L	05:13PM	LDT 4.6	H	11:53PM	LDT 0.6	L
06/28/2011	Tue	05:46AM	LDT 3.8	H	11:40AM	LDT 0.6	L	06:00PM	LDT 4.8	H			
06/29/2011	Wed	12:40AM	LDT 0.4	L	06:35AM	LDT 4.0	H	12:28PM	LDT 0.5	L	06:45PM	LDT 5.0	H
06/30/2011	Thu	01:26AM	LDT 0.2	L	07:20AM	LDT 4.1	H	01:16PM	LDT 0.3	L	07:27PM	LDT 5.2	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

July - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
07/01/2011	Fri	02:12AM	LDT 0.0	L	08:03AM	LDT 4.2	H	02:04PM	LDT 0.2	L	08:08PM	LDT 5.2	H
07/02/2011	Sat	02:55AM	LDT -0.1	L	08:46AM	LDT 4.4	H	02:51PM	LDT 0.1	L	08:51PM	LDT 5.3	H
07/03/2011	Sun	03:37AM	LDT -0.2	L	09:32AM	LDT 4.5	H	03:37PM	LDT 0.1	L	09:36PM	LDT 5.2	H
07/04/2011	Mon	04:19AM	LDT -0.3	L	10:22AM	LDT 4.6	H	04:24PM	LDT 0.1	L	10:26PM	LDT 5.2	H
07/05/2011	Tue	05:01AM	LDT -0.3	L	11:14AM	LDT 4.7	H	05:13PM	LDT 0.2	L	11:19PM	LDT 5.0	H
07/06/2011	Wed	05:46AM	LDT -0.2	L	12:07PM	LDT 4.8	H	06:09PM	LDT 0.4	L			
07/07/2011	Thu	12:14AM	LDT 4.8	H	06:37AM	LDT 0.0	L	01:01PM	LDT 5.0	H	07:14PM	LDT 0.5	L
07/08/2011	Fri	01:11AM	LDT 4.6	H	07:35AM	LDT 0.1	L	01:56PM	LDT 5.1	H	08:25PM	LDT 0.6	L
07/09/2011	Sat	02:09AM	LDT 4.3	H	08:38AM	LDT 0.2	L	02:53PM	LDT 5.1	H	09:33PM	LDT 0.5	L
07/10/2011	Sun	03:11AM	LDT 4.1	H	09:40AM	LDT 0.2	L	03:53PM	LDT 5.2	H	10:34PM	LDT 0.3	L
07/11/2011	Mon	04:17AM	LDT 4.1	H	10:39AM	LDT 0.2	L	04:54PM	LDT 5.2	H	11:31PM	LDT 0.1	L
07/12/2011	Tue	05:22AM	LDT 4.1	H	11:35AM	LDT 0.1	L	05:53PM	LDT 5.3	H			
07/13/2011	Wed	12:25AM	LDT 0.0	L	06:21AM	LDT 4.3	H	12:28PM	LDT 0.1	L	06:46PM	LDT 5.4	H
07/14/2011	Thu	01:17AM	LDT -0.1	L	07:14AM	LDT 4.4	H	01:21PM	LDT 0.1	L	07:34PM	LDT 5.4	H
07/15/2011	Fri	02:05AM	LDT -0.2	L	08:03AM	LDT 4.5	H	02:10PM	LDT 0.1	L	08:20PM	LDT 5.3	H
07/16/2011	Sat	02:50AM	LDT -0.2	L	08:49AM	LDT 4.5	H	02:57PM	LDT 0.2	L	09:03PM	LDT 5.2	H
07/17/2011	Sun	03:31AM	LDT -0.2	L	09:35AM	LDT 4.5	H	03:40PM	LDT 0.3	L	09:47PM	LDT 5.0	H
07/18/2011	Mon	04:10AM	LDT -0.1	L	10:20AM	LDT 4.4	H	04:22PM	LDT 0.5	L	10:30PM	LDT 4.8	H
07/19/2011	Tue	04:46AM	LDT 0.1	L	11:05AM	LDT 4.4	H	05:03PM	LDT 0.6	L	11:14PM	LDT 4.5	H
07/20/2011	Wed	05:21AM	LDT 0.3	L	11:49AM	LDT 4.3	H	05:45PM	LDT 0.9	L	11:59PM	LDT 4.2	H
07/21/2011	Thu	05:56AM	LDT 0.6	L	12:31PM	LDT 4.3	H	06:33PM	LDT 1.1	L			
07/22/2011	Fri	12:43AM	LDT 4.0	H	06:36AM	LDT 0.7	L	01:13PM	LDT 4.2	H	07:31PM	LDT 1.2	L
07/23/2011	Sat	01:29AM	LDT 3.8	H	07:24AM	LDT 0.9	L	01:55PM	LDT 4.2	H	08:35PM	LDT 1.3	L
07/24/2011	Sun	02:18AM	LDT 3.6	H	08:22AM	LDT 1.0	L	02:42PM	LDT 4.3	H	09:36PM	LDT 1.2	L
07/25/2011	Mon	03:12AM	LDT 3.6	H	09:22AM	LDT 0.9	L	03:34PM	LDT 4.3	H	10:31PM	LDT 1.0	L
07/26/2011	Tue	04:11AM	LDT 3.6	H	10:18AM	LDT 0.8	L	04:30PM	LDT 4.5	H	11:21PM	LDT 0.7	L
07/27/2011	Wed	05:10AM	LDT 3.8	H	11:10AM	LDT 0.6	L	05:26PM	LDT 4.8	H			
07/28/2011	Thu	12:10AM	LDT 0.5	L	06:04AM	LDT 4.0	H	12:01PM	LDT 0.5	L	06:16PM	LDT 5.1	H
07/29/2011	Fri	12:57AM	LDT 0.2	L	06:52AM	LDT 4.3	H	12:52PM	LDT 0.2	L	07:03PM	LDT 5.3	H
07/30/2011	Sat	01:43AM	LDT -0.1	L	07:38AM	LDT 4.6	H	01:43PM	LDT 0.0	L	07:47PM	LDT 5.4	H
07/31/2011	Sun	02:28AM	LDT -0.3	L	08:23AM	LDT 4.8	H	02:32PM	LDT -0.2	L	08:32PM	LDT 5.5	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

August - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
08/01/2011	Mon	03:12AM	LDT -0.5 L	09:09AM	LDT 5.0 H	03:21PM	LDT -0.2 L	09:19PM	LDT 5.4 H		
08/02/2011	Tue	03:54AM	LDT -0.6 L	09:58AM	LDT 5.2 H	04:10PM	LDT -0.2 L	10:09PM	LDT 5.2 H		
08/03/2011	Wed	04:37AM	LDT -0.5 L	10:50AM	LDT 5.2 H	05:00PM	LDT -0.1 L	11:02PM	LDT 5.1 H		
08/04/2011	Thu	05:22AM	LDT -0.3 L	11:45AM	LDT 5.2 H	05:55PM	LDT 0.2 L	11:59PM	LDT 4.8 H		
08/05/2011	Fri	06:12AM	LDT -0.1 L	12:40PM	LDT 5.2 H	06:58PM	LDT 0.4 L				
08/06/2011	Sat	12:57AM	LDT 4.5 H	07:11AM	LDT 0.2 L	01:36PM	LDT 5.2 H	08:08PM	LDT 0.6 L		
08/07/2011	Sun	01:56AM	LDT 4.2 H	08:18AM	LDT 0.4 L	02:34PM	LDT 5.1 H	09:17PM	LDT 0.6 L		
08/08/2011	Mon	02:58AM	LDT 4.0 H	09:25AM	LDT 0.5 L	03:35PM	LDT 5.0 H	10:20PM	LDT 0.5 L		
08/09/2011	Tue	04:04AM	LDT 4.0 H	10:26AM	LDT 0.5 L	04:38PM	LDT 5.0 H	11:16PM	LDT 0.3 L		
08/10/2011	Wed	05:09AM	LDT 4.1 H	11:22AM	LDT 0.4 L	05:37PM	LDT 5.1 H				
08/11/2011	Thu	12:08AM	LDT 0.2 L	06:07AM	LDT 4.3 H	12:14PM	LDT 0.3 L	06:29PM	LDT 5.2 H		
08/12/2011	Fri	12:55AM	LDT 0.1 L	06:57AM	LDT 4.5 H	01:04PM	LDT 0.3 L	07:15PM	LDT 5.2 H		
08/13/2011	Sat	01:40AM	LDT 0.0 L	07:42AM	LDT 4.6 H	01:50PM	LDT 0.2 L	07:57PM	LDT 5.2 H		
08/14/2011	Sun	02:21AM	LDT -0.1 L	08:24AM	LDT 4.7 H	02:34PM	LDT 0.3 L	08:38PM	LDT 5.1 H		
08/15/2011	Mon	03:00AM	LDT 0.0 L	09:04AM	LDT 4.7 H	03:15PM	LDT 0.3 L	09:17PM	LDT 4.9 H		
08/16/2011	Tue	03:35AM	LDT 0.0 L	09:43AM	LDT 4.7 H	03:55PM	LDT 0.5 L	09:57PM	LDT 4.7 H		
08/17/2011	Wed	04:08AM	LDT 0.2 L	10:23AM	LDT 4.6 H	04:33PM	LDT 0.6 L	10:37PM	LDT 4.4 H		
08/18/2011	Thu	04:40AM	LDT 0.4 L	11:02AM	LDT 4.5 H	05:11PM	LDT 0.8 L	11:20PM	LDT 4.1 H		
08/19/2011	Fri	05:12AM	LDT 0.6 L	11:41AM	LDT 4.4 H	05:51PM	LDT 1.0 L				
08/20/2011	Sat	12:04AM	LDT 3.9 H	05:45AM	LDT 0.8 L	12:22PM	LDT 4.3 H	06:41PM	LDT 1.2 L		
08/21/2011	Sun	12:50AM	LDT 3.7 H	06:26AM	LDT 1.0 L	01:05PM	LDT 4.3 H	07:45PM	LDT 1.3 L		
08/22/2011	Mon	01:39AM	LDT 3.6 H	07:25AM	LDT 1.1 L	01:53PM	LDT 4.3 H	08:55PM	LDT 1.3 L		
08/23/2011	Tue	02:33AM	LDT 3.6 H	08:39AM	LDT 1.1 L	02:49PM	LDT 4.3 H	09:56PM	LDT 1.1 L		
08/24/2011	Wed	03:34AM	LDT 3.7 H	09:46AM	LDT 0.9 L	03:50PM	LDT 4.5 H	10:49PM	LDT 0.8 L		
08/25/2011	Thu	04:35AM	LDT 3.9 H	10:43AM	LDT 0.6 L	04:51PM	LDT 4.8 H	11:38PM	LDT 0.5 L		
08/26/2011	Fri	05:33AM	LDT 4.2 H	11:37AM	LDT 0.4 L	05:47PM	LDT 5.1 H				
08/27/2011	Sat	12:26AM	LDT 0.1 L	06:24AM	LDT 4.6 H	12:30PM	LDT 0.1 L	06:37PM	LDT 5.3 H		
08/28/2011	Sun	01:12AM	LDT -0.2 L	07:12AM	LDT 5.0 H	01:22PM	LDT -0.2 L	07:25PM	LDT 5.6 H		
08/29/2011	Mon	01:58AM	LDT -0.5 L	07:58AM	LDT 5.3 H	02:13PM	LDT -0.4 L	08:11PM	LDT 5.6 H		
08/30/2011	Tue	02:43AM	LDT -0.6 L	08:44AM	LDT 5.5 H	03:04PM	LDT -0.5 L	08:59PM	LDT 5.5 H		
08/31/2011	Wed	03:28AM	LDT -0.6 L	09:33AM	LDT 5.6 H	03:54PM	LDT -0.5 L	09:50PM	LDT 5.3 H		

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

September - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
09/01/2011	Thu	04:12AM	LDT -0.5	L	10:25AM	LDT 5.6	H	04:45PM	LDT -0.3	L	10:45PM	LDT 5.0	H
09/02/2011	Fri	04:59AM	LDT -0.3	L	11:21AM	LDT 5.5	H	05:39PM	LDT 0.0	L	11:43PM	LDT 4.7	H
09/03/2011	Sat	05:50AM	LDT 0.1	L	12:19PM	LDT 5.3	H	06:40PM	LDT 0.4	L			
09/04/2011	Sun	12:43AM	LDT 4.4	H	06:50AM	LDT 0.4	L	01:17PM	LDT 5.2	H	07:50PM	LDT 0.6	L
09/05/2011	Mon	01:44AM	LDT 4.2	H	08:00AM	LDT 0.6	L	02:16PM	LDT 5.0	H	09:00PM	LDT 0.6	L
09/06/2011	Tue	02:46AM	LDT 4.0	H	09:11AM	LDT 0.7	L	03:18PM	LDT 4.8	H	10:03PM	LDT 0.6	L
09/07/2011	Wed	03:51AM	LDT 4.0	H	10:13AM	LDT 0.6	L	04:19PM	LDT 4.8	H	10:57PM	LDT 0.5	L
09/08/2011	Thu	04:53AM	LDT 4.2	H	11:08AM	LDT 0.6	L	05:17PM	LDT 4.9	H	11:44PM	LDT 0.3	L
09/09/2011	Fri	05:48AM	LDT 4.4	H	11:57AM	LDT 0.5	L	06:08PM	LDT 5.0	H			
09/10/2011	Sat	12:28AM	LDT 0.2	L	06:36AM	LDT 4.6	H	12:44PM	LDT 0.4	L	06:52PM	LDT 5.0	H
09/11/2011	Sun	01:09AM	LDT 0.1	L	07:18AM	LDT 4.8	H	01:28PM	LDT 0.3	L	07:32PM	LDT 5.0	H
09/12/2011	Mon	01:48AM	LDT 0.1	L	07:56AM	LDT 4.9	H	02:10PM	LDT 0.3	L	08:10PM	LDT 4.9	H
09/13/2011	Tue	02:24AM	LDT 0.1	L	08:32AM	LDT 4.9	H	02:50PM	LDT 0.3	L	08:47PM	LDT 4.8	H
09/14/2011	Wed	02:59AM	LDT 0.2	L	09:07AM	LDT 4.9	H	03:28PM	LDT 0.4	L	09:25PM	LDT 4.5	H
09/15/2011	Thu	03:32AM	LDT 0.3	L	09:40AM	LDT 4.8	H	04:05PM	LDT 0.6	L	10:03PM	LDT 4.3	H
09/16/2011	Fri	04:04AM	LDT 0.5	L	10:14AM	LDT 4.6	H	04:41PM	LDT 0.7	L	10:43PM	LDT 4.0	H
09/17/2011	Sat	04:34AM	LDT 0.6	L	10:49AM	LDT 4.5	H	05:19PM	LDT 0.9	L	11:27PM	LDT 3.9	H
09/18/2011	Sun	05:06AM	LDT 0.8	L	11:30AM	LDT 4.4	H	06:02PM	LDT 1.1	L			
09/19/2011	Mon	12:15AM	LDT 3.7	H	05:45AM	LDT 1.0	L	12:18PM	LDT 4.3	H	06:59PM	LDT 1.2	L
09/20/2011	Tue	01:07AM	LDT 3.6	H	06:40AM	LDT 1.2	L	01:12PM	LDT 4.3	H	08:13PM	LDT 1.2	L
09/21/2011	Wed	02:02AM	LDT 3.7	H	08:00AM	LDT 1.2	L	02:11PM	LDT 4.4	H	09:20PM	LDT 1.0	L
09/22/2011	Thu	03:02AM	LDT 3.8	H	09:16AM	LDT 1.0	L	03:14PM	LDT 4.5	H	10:15PM	LDT 0.7	L
09/23/2011	Fri	04:03AM	LDT 4.0	H	10:19AM	LDT 0.6	L	04:17PM	LDT 4.8	H	11:05PM	LDT 0.4	L
09/24/2011	Sat	05:02AM	LDT 4.5	H	11:15AM	LDT 0.3	L	05:17PM	LDT 5.1	H	11:53PM	LDT 0.0	L
09/25/2011	Sun	05:56AM	LDT 5.0	H	12:09PM	LDT -0.1	L	06:11PM	LDT 5.3	H			
09/26/2011	Mon	12:40AM	LDT -0.4	L	06:45AM	LDT 5.4	H	01:02PM	LDT -0.4	L	07:02PM	LDT 5.4	H
09/27/2011	Tue	01:27AM	LDT -0.6	L	07:33AM	LDT 5.8	H	01:55PM	LDT -0.6	L	07:50PM	LDT 5.5	H
09/28/2011	Wed	02:14AM	LDT -0.6	L	08:20AM	LDT 6.0	H	02:47PM	LDT -0.6	L	08:40PM	LDT 5.3	H
09/29/2011	Thu	03:01AM	LDT -0.6	L	09:09AM	LDT 6.0	H	03:38PM	LDT -0.6	L	09:32PM	LDT 5.2	H
09/30/2011	Fri	03:49AM	LDT -0.5	L	10:02AM	LDT 5.8	H	04:29PM	LDT -0.4	L	10:28PM	LDT 4.9	H

All times are listed in Local Standard Time(LST) or, Local Daylight Time (LDT) (when applicable). All heights are in feet referenced to Mean Lower Low Water (MLLW).

October - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height
10/01/2011	Sat	04:38AM	LDT -0.2 L	10:58AM	LDT 5.6 H	05:23PM	LDT -0.1 L	11:28PM	LDT 4.5 H		
10/02/2011	Sun	05:30AM	LDT 0.2 L	11:57AM	LDT 5.2 H	06:21PM	LDT 0.3 L				
10/03/2011	Mon	12:29AM	LDT 4.3 H	06:30AM	LDT 0.6 L	12:57PM	LDT 5.0 H	07:27PM	LDT 0.6 L		
10/04/2011	Tue	01:30AM	LDT 4.1 H	07:40AM	LDT 0.8 L	01:56PM	LDT 4.8 H	08:36PM	LDT 0.6 L		
10/05/2011	Wed	02:31AM	LDT 4.0 H	08:52AM	LDT 0.9 L	02:55PM	LDT 4.6 H	09:38PM	LDT 0.6 L		
10/06/2011	Thu	03:31AM	LDT 4.1 H	09:55AM	LDT 0.8 L	03:53PM	LDT 4.5 H	10:29PM	LDT 0.5 L		
10/07/2011	Fri	04:29AM	LDT 4.2 H	10:48AM	LDT 0.6 L	04:49PM	LDT 4.5 H	11:14PM	LDT 0.4 L		
10/08/2011	Sat	05:22AM	LDT 4.4 H	11:36AM	LDT 0.6 L	05:39PM	LDT 4.6 H	11:55PM	LDT 0.3 L		
10/09/2011	Sun	06:08AM	LDT 4.7 H	12:20PM	LDT 0.4 L	06:24PM	LDT 4.6 H				
10/10/2011	Mon	12:34AM	LDT 0.2 L	06:49AM	LDT 4.9 H	01:03PM	LDT 0.3 L	07:04PM	LDT 4.7 H		
10/11/2011	Tue	01:12AM	LDT 0.2 L	07:26AM	LDT 5.0 H	01:45PM	LDT 0.3 L	07:43PM	LDT 4.6 H		
10/12/2011	Wed	01:48AM	LDT 0.2 L	08:00AM	LDT 5.0 H	02:25PM	LDT 0.3 L	08:20PM	LDT 4.5 H		
10/13/2011	Thu	02:24AM	LDT 0.3 L	08:33AM	LDT 5.0 H	03:04PM	LDT 0.3 L	08:57PM	LDT 4.3 H		
10/14/2011	Fri	02:59AM	LDT 0.4 L	09:04AM	LDT 4.9 H	03:41PM	LDT 0.4 L	09:34PM	LDT 4.1 H		
10/15/2011	Sat	03:33AM	LDT 0.5 L	09:35AM	LDT 4.7 H	04:18PM	LDT 0.6 L	10:13PM	LDT 4.0 H		
10/16/2011	Sun	04:06AM	LDT 0.6 L	10:09AM	LDT 4.6 H	04:55PM	LDT 0.6 L	10:57PM	LDT 3.8 H		
10/17/2011	Mon	04:40AM	LDT 0.8 L	10:50AM	LDT 4.5 H	05:36PM	LDT 0.8 L	11:47PM	LDT 3.7 H		
10/18/2011	Tue	05:20AM	LDT 0.9 L	11:42AM	LDT 4.4 H	06:26PM	LDT 0.9 L				
10/19/2011	Wed	12:41AM	LDT 3.7 H	06:13AM	LDT 1.0 L	12:40PM	LDT 4.4 H	07:33PM	LDT 0.9 L		
10/20/2011	Thu	01:36AM	LDT 3.8 H	07:29AM	LDT 1.1 L	01:40PM	LDT 4.4 H	08:41PM	LDT 0.8 L		
10/21/2011	Fri	02:34AM	LDT 4.0 H	08:49AM	LDT 0.9 L	02:42PM	LDT 4.5 H	09:40PM	LDT 0.5 L		
10/22/2011	Sat	03:33AM	LDT 4.3 H	09:56AM	LDT 0.6 L	03:45PM	LDT 4.7 H	10:32PM	LDT 0.2 L		
10/23/2011	Sun	04:32AM	LDT 4.7 H	10:54AM	LDT 0.2 L	04:47PM	LDT 4.8 H	11:21PM	LDT -0.2 L		
10/24/2011	Mon	05:28AM	LDT 5.2 H	11:49AM	LDT -0.2 L	05:46PM	LDT 5.0 H				
10/25/2011	Tue	12:09AM	LDT -0.5 L	06:20AM	LDT 5.6 H	12:43PM	LDT -0.5 L	06:40PM	LDT 5.2 H		
10/26/2011	Wed	12:58AM	LDT -0.6 L	07:10AM	LDT 5.9 H	01:37PM	LDT -0.6 L	07:31PM	LDT 5.2 H		
10/27/2011	Thu	01:48AM	LDT -0.6 L	07:59AM	LDT 6.1 H	02:30PM	LDT -0.7 L	08:22PM	LDT 5.1 H		
10/28/2011	Fri	02:38AM	LDT -0.6 L	08:49AM	LDT 6.0 H	03:22PM	LDT -0.7 L	09:15PM	LDT 4.9 H		
10/29/2011	Sat	03:28AM	LDT -0.5 L	09:41AM	LDT 5.8 H	04:13PM	LDT -0.6 L	10:11PM	LDT 4.6 H		
10/30/2011	Sun	04:19AM	LDT -0.2 L	10:37AM	LDT 5.4 H	05:05PM	LDT -0.3 L	11:11PM	LDT 4.4 H		
10/31/2011	Mon	05:11AM	LDT 0.2 L	11:35AM	LDT 5.2 H	05:59PM	LDT 0.1 L				

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November - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
11/01/2011	Tue	12:11AM	LDT 4.2	H	06:08AM	LDT 0.6	L	12:33PM	LDT 4.8	H	06:59PM	LDT 0.4	L
11/02/2011	Wed	01:10AM	LDT 4.1	H	07:14AM	LDT 0.8	L	01:29PM	LDT 4.5	H	08:02PM	LDT 0.5	L
11/03/2011	Thu	02:07AM	LDT 4.0	H	08:24AM	LDT 0.9	L	02:24PM	LDT 4.3	H	09:01PM	LDT 0.5	L
11/04/2011	Fri	03:02AM	LDT 4.0	H	09:27AM	LDT 0.8	L	03:18PM	LDT 4.2	H	09:53PM	LDT 0.5	L
11/05/2011	Sat	03:57AM	LDT 4.1	H	10:22AM	LDT 0.7	L	04:12PM	LDT 4.1	H	10:37PM	LDT 0.4	L
11/06/2011	Sun	03:48AM	LST 4.3	H	10:09AM	LST 0.6	L	04:04PM	LST 4.1	H	10:18PM	LST 0.3	L
11/07/2011	Mon	04:35AM	LST 4.5	H	10:54AM	LST 0.5	L	04:52PM	LST 4.1	H	10:57PM	LST 0.2	L
11/08/2011	Tue	05:17AM	LST 4.7	H	11:37AM	LST 0.3	L	05:36PM	LST 4.2	H	11:36PM	LST 0.2	L
11/09/2011	Wed	05:55AM	LST 4.9	H	12:19PM	LST 0.2	L	06:16PM	LST 4.2	H			
11/10/2011	Thu	12:15AM	LST 0.2	L	06:30AM	LST 4.9	H	01:01PM	LST 0.1	L	06:55PM	LST 4.1	H
11/11/2011	Fri	12:53AM	LST 0.2	L	07:04AM	LST 4.9	H	01:41PM	LST 0.1	L	07:33PM	LST 4.0	H
11/12/2011	Sat	01:32AM	LST 0.3	L	07:36AM	LST 4.8	H	02:21PM	LST 0.2	L	08:11PM	LST 4.0	H
11/13/2011	Sun	02:09AM	LST 0.4	L	08:09AM	LST 4.7	H	02:59PM	LST 0.3	L	08:50PM	LST 3.8	H
11/14/2011	Mon	02:46AM	LST 0.5	L	08:45AM	LST 4.6	H	03:37PM	LST 0.4	L	09:34PM	LST 3.7	H
11/15/2011	Tue	03:24AM	LST 0.6	L	09:28AM	LST 4.5	H	04:16PM	LST 0.5	L	10:24PM	LST 3.7	H
11/16/2011	Wed	04:06AM	LST 0.6	L	10:19AM	LST 4.4	H	05:02PM	LST 0.5	L	11:18PM	LST 3.8	H
11/17/2011	Thu	04:57AM	LST 0.7	L	11:16AM	LST 4.4	H	05:57PM	LST 0.5	L			
11/18/2011	Fri	12:12AM	LST 3.9	H	06:06AM	LST 0.7	L	12:15PM	LST 4.3	H	07:01PM	LST 0.4	L
11/19/2011	Sat	01:08AM	LST 4.1	H	07:24AM	LST 0.6	L	01:14PM	LST 4.3	H	08:03PM	LST 0.2	L
11/20/2011	Sun	02:05AM	LST 4.4	H	08:34AM	LST 0.4	L	02:17PM	LST 4.4	H	08:59PM	LST -0.1	L
11/21/2011	Mon	03:04AM	LST 4.8	H	09:35AM	LST 0.1	L	03:21PM	LST 4.4	H	09:51PM	LST -0.3	L
11/22/2011	Tue	04:03AM	LST 5.2	H	10:32AM	LST -0.3	L	04:23PM	LST 4.5	H	10:43PM	LST -0.6	L
11/23/2011	Wed	04:58AM	LST 5.5	H	11:27AM	LST -0.6	L	05:21PM	LST 4.6	H	11:35PM	LST -0.6	L
11/24/2011	Thu	05:51AM	LST 5.8	H	12:21PM	LST -0.7	L	06:15PM	LST 4.7	H			
11/25/2011	Fri	12:27AM	LST -0.6	L	06:41AM	LST 5.8	H	01:15PM	LST -0.8	L	07:07PM	LST 4.7	H
11/26/2011	Sat	01:20AM	LST -0.6	L	07:31AM	LST 5.8	H	02:06PM	LST -0.8	L	08:00PM	LST 4.6	H
11/27/2011	Sun	02:11AM	LST -0.5	L	08:22AM	LST 5.5	H	02:56PM	LST -0.6	L	08:54PM	LST 4.4	H
11/28/2011	Mon	03:01AM	LST -0.3	L	09:16AM	LST 5.2	H	03:44PM	LST -0.5	L	09:51PM	LST 4.2	H
11/29/2011	Tue	03:51AM	LST 0.0	L	10:10AM	LST 4.9	H	04:33PM	LST -0.2	L	10:48PM	LST 4.1	H
11/30/2011	Wed	04:43AM	LST 0.4	L	11:04AM	LST 4.6	H	05:24PM	LST 0.1	L	11:42PM	LST 4.0	H

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December - Seaside Heights, ocean

Date	Day	Time	Height	Time	Height	Time	Height	Time	Height	Time	Height		
12/01/2011	Thu	05:41AM	LST 0.6	L	11:57AM	LST 4.3	H	06:18PM	LST 0.3	L			
12/02/2011	Fri	12:35AM	LST 4.0	H	06:45AM	LST 0.8	L	12:47PM	LST 4.0	H	07:13PM	LST 0.4	L
12/03/2011	Sat	01:25AM	LST 4.0	H	07:49AM	LST 0.8	L	01:38PM	LST 3.9	H	08:06PM	LST 0.5	L
12/04/2011	Sun	02:15AM	LST 4.0	H	08:47AM	LST 0.7	L	02:30PM	LST 3.7	H	08:53PM	LST 0.4	L
12/05/2011	Mon	03:06AM	LST 4.1	H	09:38AM	LST 0.6	L	03:24PM	LST 3.7	H	09:37PM	LST 0.4	L
12/06/2011	Tue	03:55AM	LST 4.2	H	10:24AM	LST 0.5	L	04:17PM	LST 3.7	H	10:19PM	LST 0.3	L
12/07/2011	Wed	04:42AM	LST 4.4	H	11:09AM	LST 0.3	L	05:06PM	LST 3.8	H	11:02PM	LST 0.2	L
12/08/2011	Thu	05:24AM	LST 4.6	H	11:53AM	LST 0.1	L	05:50PM	LST 3.8	H	11:44PM	LST 0.2	L
12/09/2011	Fri	06:03AM	LST 4.7	H	12:37PM	LST 0.0	L	06:32PM	LST 3.9	H			
12/10/2011	Sat	12:27AM	LST 0.1	L	06:40AM	LST 4.8	H	01:19PM	LST -0.1	L	07:11PM	LST 3.9	H
12/11/2011	Sun	01:09AM	LST 0.1	L	07:15AM	LST 4.8	H	02:00PM	LST -0.1	L	07:50PM	LST 3.9	H
12/12/2011	Mon	01:50AM	LST 0.1	L	07:51AM	LST 4.8	H	02:40PM	LST -0.1	L	08:30PM	LST 3.9	H
12/13/2011	Tue	02:31AM	LST 0.1	L	08:29AM	LST 4.7	H	03:18PM	LST -0.1	L	09:14PM	LST 3.9	H
12/14/2011	Wed	03:12AM	LST 0.1	L	09:13AM	LST 4.6	H	03:57PM	LST -0.1	L	10:03PM	LST 3.9	H
12/15/2011	Thu	03:55AM	LST 0.2	L	10:02AM	LST 4.5	H	04:38PM	LST -0.1	L	10:55PM	LST 4.0	H
12/16/2011	Fri	04:45AM	LST 0.3	L	10:56AM	LST 4.4	H	05:26PM	LST 0.0	L	11:48PM	LST 4.1	H
12/17/2011	Sat	05:48AM	LST 0.4	L	11:53AM	LST 4.2	H	06:24PM	LST 0.0	L			
12/18/2011	Sun	12:42AM	LST 4.3	H	07:01AM	LST 0.4	L	12:51PM	LST 4.1	H	07:28PM	LST 0.0	L
12/19/2011	Mon	01:39AM	LST 4.5	H	08:13AM	LST 0.3	L	01:53PM	LST 4.0	H	08:30PM	LST -0.2	L
12/20/2011	Tue	02:39AM	LST 4.8	H	09:18AM	LST 0.0	L	02:58PM	LST 4.0	H	09:27PM	LST -0.3	L
12/21/2011	Wed	03:40AM	LST 5.0	H	10:17AM	LST -0.3	L	04:04PM	LST 4.0	H	10:23PM	LST -0.5	L
12/22/2011	Thu	04:40AM	LST 5.2	H	11:13AM	LST -0.6	L	05:06PM	LST 4.2	H	11:18PM	LST -0.6	L
12/23/2011	Fri	05:35AM	LST 5.4	H	12:07PM	LST -0.7	L	06:02PM	LST 4.3	H			
12/24/2011	Sat	12:12AM	LST -0.6	L	06:27AM	LST 5.5	H	12:59PM	LST -0.8	L	06:54PM	LST 4.4	H
12/25/2011	Sun	01:04AM	LST -0.6	L	07:16AM	LST 5.4	H	01:49PM	LST -0.8	L	07:44PM	LST 4.4	H
12/26/2011	Mon	01:55AM	LST -0.6	L	08:05AM	LST 5.2	H	02:36PM	LST -0.7	L	08:35PM	LST 4.3	H
12/27/2011	Tue	02:43AM	LST -0.4	L	08:53AM	LST 5.1	H	03:20PM	LST -0.6	L	09:26PM	LST 4.2	H
12/28/2011	Wed	03:29AM	LST -0.2	L	09:42AM	LST 4.7	H	04:02PM	LST -0.4	L	10:17PM	LST 4.0	H
12/29/2011	Thu	04:15AM	LST 0.1	L	10:31AM	LST 4.4	H	04:44PM	LST -0.2	L	11:07PM	LST 4.0	H
12/30/2011	Fri	05:03AM	LST 0.5	L	11:20AM	LST 4.0	H	05:28PM	LST 0.1	L	11:55PM	LST 3.9	H
12/31/2011	Sat	05:58AM	LST 0.6	L	12:07PM	LST 3.8	H	06:15PM	LST 0.4	L			

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